

Central Foundation Girls' School Trips/Visits – Careers-Related Learning Events

Central Foundation Girls' School (CFGs) is committed to providing a planned and stable CEIAG programme with clear student outcomes for all students (based on the CDI Framework for Careers, Employability and Enterprise Education, March 2018). The careers education programme is delivered through the PSHEE programme and covers selected topics from the Core Theme: Living in the Wider World. Below is an overview of student entitlement at CFGs.

This table can be accessed by students, teachers, parents and employers by year group on the school website.

Career related activity	Year 7	Year 8	Year 9	Year 10	Year 11	Year 12	Year 13
The Access Project				√	√	√	√
Assemblies	√	√	√	√	√	√	√
Apprenticeship Assemblies and Workshops					√	√	√
Bird and Bird Pioneer Programme				√	√	√	√
Careers Education Lessons (through PSHEE)	√	√	√	√	√	√	√
Careers and Employability Days	√	√	√				
Careers Fair	√	√	√	√	√	√	√
Compass Mentoring Programme				√			
Employability workshops				√	√	√	√
Employee Mentoring (Targeted Students)				√	√	√	√
Employer Talks/Visits	√	√	√	√	√	√	√
Enterprise Activities	√	√	√	√			
KS4 Further Education Taster Days				√	√		
KS5 Higher Education Taster Days				√	√	√	√
Kennedys Mentoring Programme				√		√	
Mock Interviews				√		√	
Mosaic Mentoring Programme			√				
National Citizen Service (NCS)					√		
One-to-One Guidance Interviews (IAG)					√	√	√
STEM Employer Visits			√	√	√		
STEM Trips and Workshops	√	√	√				
Tutor Programme	√	√	√	√	√	√	√
Work Place Visits (One-Day Events)	√	√	√	√	√		
Work Experience (One to Two Weeks)				√	√	√	√
Visits from Further and Higher Education				√	√	√	√

CEIAG By Year Group (2019 – 2020) Sixth Form Activities

6th Form Careers Calendar Activities				
Month / Date	Activity/Event	Type of CEIAG or Work-Related Activity	Partnership	CDI Framework Gatsby Benchmarks
September 2019 – May 2020	Sixth Form one-to-one Careers Interviews	Careers Interview / Personal Guidance	Tower Hamlets Education Business Partnership	CDI Framework: 4, 10, 14, 15, 17 Benchmarks: 3, 8
September 2019 – December 2020	Sixth Form One-to-One Meetings	UCAS Support	The Access Project	CDI Framework: 4, 10, 14, 15, 17 Benchmarks: 3, 8
September 2019 – May 2020	The Girls' Network Mentoring Programme	Mentoring / Encounters with Employers and Employees	The Girls' Network	CDI Framework: 10, 11, 14, 15, 16, 17 Benchmarks: 2, 3, 5, 8
September 2019	Sixth Form and HE Education Event	Encounters with He and Employers	NA	CDI Framework: 4, 10, 14, 15, 17 Benchmarks: 3, 7, 8
September 2019	Year 12 and 13 English Women's Rights Fair	Encounters with He and Employers	NA	CDI Framework: 4, 10, 14, 15, 17 Benchmarks: 3, 7, 8
September 2019	Year 13 Into University Session	Insight Day / Encounters with HE	IntoUniversity	CDI Framework: 7, 10, 14, 15, 17 Benchmarks: 3, 7, 8
October 2019	Year 12 Into University Session	Insight Day / Encounters with HE	IntoUniversity	CDI Framework: 7, 10, 14, 15, 17 Benchmarks: 3, 7, 8
October 2019	Year 13 Apprenticeship Fair	Apprenticeship Information Event	NA	CDI Framework: 10, 11, 14, 15, 16, 17 Benchmarks: 2, 3, 5, 8
November 2019	A Level Media BFI Newspaper Workshop	Subject Workshop	NA	CDI Framework: 4, 10, 14, 15 Benchmarks: 3, 5, 7, 8
November 2019	The Access Project Year 12 Assembly: Accessing Selective Universities	University Information Assembly	The Access Project	CDI Framework: 7, 10, 14, 15, 17 Benchmarks: 3, 7, 8
November / December 2019	Sixth Form Workshop: A Level Choices	Guidance Workshop and Support	The Access Project	CDI Framework: 4, 10, 14, 15, 17 Benchmarks: 3, 8

CEIAG By Year Group (2019 – 2020) Sixth Form Activities Continued.....

6th Form Careers Calendar Activities				
Month / Date	Activity/Event	Type of CEIAG or Work-Related Activity	Partnership	CDI Framework Gatsby Benchmarks
December 2019	Apprenticeship Assembly	Apprenticeship Information Assembly	Amazing Apprenticeships	CDI Framework: 10, 14, 15 Benchmarks: 2, 3, 5, 8
December 2019	Careers Fair (3 rd December 2019)	Encounters with Employers and Employees	NA	CDI Framework: 4, 10, 11, 14, 15, 16, 17 Benchmarks: 2, 3, 4, 5, 7, 8
January 2020	The Access Project Workshop: Year 12 University Choices	Encounters with HE	The Access Project	CDI Framework: 10, 12, 15 Benchmarks: 3, 7, 8
January / February 2020	The Access Project Workshop: UCAS and Transition to University	Addressing Students' Needs / Personal Guidance	The Access Project	CDI Framework: 10, 12, 15 Benchmarks: 3, 7, 8
January 2020	Year 13 Into University Event	Encounters with HE	IntoUniversity	CDI Framework: 10, 14 Benchmarks: 3, 7, 8
February 2020	Year 12 English NT Film Trip	Linking Curriculum Learning to Careers	NA	CDI Framework: 10, 14 Benchmarks: 3, 4
February / March 2020	Year 12 Enrichment Assembly	Enrichment Information Assembly	The Access Project	CDI Framework: 10, 12, 15 Benchmarks: 3, 7, 8
March 2020	Year 12 Head to Head Practice Interviews	Practice Interviews / Personal Guidance	Tower Hamlets Education Business Partnership	CDI Framework: 10, 11, 14, 15, 16 Benchmarks: 3, 4, 5, 8
March 2020	UCAS HE Exhibition	Encounters with HE	UCAS	CDI Framework: 10, 12, 15 Benchmarks: 3, 7, 8
March 2020	Careers Week (2 nd – 6 th March)	Career Talks / Encounters with Employers and Employees	NA	CDI Framework: 4, 5, 7, 10, 14 Benchmarks: 2, 3, 4, 5, 8
April / May 2020	The Access Project Year 12 UCAS Parent Event	Personal Guidance	The Access Project	CDI Framework: 10, 12, 15 Benchmarks: 3, 7, 8
July 2020	Post-18 Next Steps	HE/Apprenticeships	NA	CDI Framework: 10, 12, 15 Benchmarks: 3, 7, 8

CEIAG By Year Group (2019 – 2020) Year 11 Activities

Year 11 Careers Calendar Activities				
Month / Date	Activity/Event	Type of CEIAG or Work-Related Activity	Partnership	CDI Framework Gatsby Benchmarks
September 2019	Year 10 and Year 11 Dance Trip to the English National Ballet	Dance / Linking Curriculum Learning to Careers	NA	CDI Framework: 10, 14 Benchmarks: 3, 4
September 2019 – June 2020	Year 11 Access Project Tutorial Programme	Subject tutorials / Addressing Students' Needs	The Access Project	CDI Framework: 10, 15, 17 Benchmarks: 3, 8
September – December 2019	Year 11 Careers Interviews. Students have access to independent and impartial careers advice and guidance	One-to-one careers interviews / Personal Guidance	Prospects	CDI Framework: 4, 10 Benchmarks: 3, 8
September 2019 – June 2020	Year 11 College Open Days Students are informed during assemblies and tutor time	Open days / Encounters with FE	NA	CDI Framework: 10, 14, 15, 17 Benchmarks: 3, 7, 8
November 2019	GCSE Media BFI Newspaper Event	Subject Workshop/Visit	NA	CDI Framework: 4, 10, 14, 15 Benchmarks: 3, 5, 7, 8
November 2019	Year 11 Tutor Programme: <ul style="list-style-type: none"> Post 16 Options and Personal Careers Planning Introduction to Work Experience 	Careers Education lesson activities / Linking Curriculum Learning to Careers	NA	CDI Framework: 4, 10, 11, 12, 14, 15, 17 Benchmarks: 1, 3, 8
November / December 2019	The Access Project A level Workshop Changes	Personal Guidance	The Access Project	CDI Framework: 10, 14, 15, 17 Benchmarks: 3, 8
December 2019	Careers Fair (3 rd December 2019)	Encounters with Employers and Employees	NA	CDI Framework: 4, 10, 11, 14, 15, 16, 17 Benchmarks: 2, 3, 4, 5, 7, 8
December 2019	Year 11 Evening of Success Grade 5+	Career Talks / Personal Guidance	NA	CDI Framework: 10, 14, 15, 17 Benchmarks: 3, 8

CEIAG By Year Group (2019 – 2020) Year Activities Continued....

Year 11 Careers Calendar Activities				
Month / Date	Activity/Event	Type of CEIAG or Work-Related Activity	Partnership	CDI Framework Gatsby Benchmarks
January 2020	Year 11 Into University Event	Encounters with HE	IntoUniversity	CDI Framework: 10, 14 Benchmarks: 3, 6, 8
January 2020	Year 11 Parents' Evening (15 th January 2020)	Parents Evening / Addressing Students' Needs	NA	CDI Framework: 10, 14, 15, 17 Benchmarks: 3, 8
January 2020	One-to-One A Level Choices	One-to-one careers interviews / Personal Guidance	The Access Project	CDI Framework: 10, 14 Benchmarks: 3, 6, 8
February 2020	Year 11 Access Project Goldsmith University Trip (20 students) February half term 2020	University Trip / Encounters with HE	The Access Project	CDI Framework: 10, 14 Benchmarks: 3, 6, 8
February / March 2020	Revision Workshop Techniques	Addressing Students' Needs/Personal Guidance	The Access Project	CDI Framework: 10, 14 Benchmarks: 3, 6, 8
March 2020	Careers Week (2 nd – 6 th March)	Career Talks / Encounters with Employers and Employees	NA	CDI Framework: 4, 10, 11, 14, 15, 16, 17 Benchmarks: 2, 3, 4, 5, 8
July 2020	Year 11 Work Experience	Work Experience / Experiences of Workplaces	Tower Hamlets EBP	CDI Framework: 4, 5, 6, 7, 10, 14, 15, 17 Benchmarks: 2, 3, 5, 6
August 2020	GCSE Results Day Personal guidance and support available	GCSE Results Day / Addressing Students' Needs	Tower Hamlets Education Business Partnership	CDI Framework: 10, 14, 15, 17 Benchmarks: 3, 8

CEIAG By Year Group (2019 – 2020) Year 10 Activities

Year 10 Careers Calendar Activities				
Month / Date	Activity/Event	Type of CEIAG or Work-Related Activity	Partnership	CDI Framework Gatsby Benchmarks
September 2019 – July 2020	Year 10 Bird and Bird Pioneering Programme (6 students)	Mentoring / Encounters with Employers and Employees	Bird and Bird	CDI Framework: 10, 11, 14, 15, 16, 17 Benchmarks: 2, 3, 5, 8
	Year 10 Mentoring Programme with Kennedys (20 students)	Mentoring / Encounters with Employers and Employees	Kennedys / Tower Hamlets Education Business Partnership	CDI Framework: 10, 11, 14, 15, 16, 17 Benchmarks: 2, 3, 5, 8
	Year 10 Compass Mentoring Programme (24 students)	Mentoring / Encounters with Employers and Employees	Compass	CDI Framework: 10, 11, 14, 15, 16, 17 Benchmarks: 2, 3, 5, 8
September 2019	Year 10 and Year 11 Dance Trip to the English National Ballet	Dance / Linking Curriculum Learning to Careers	NA	CDI Framework: 10, 14 Benchmarks: 3, 4
October 2019	Year 10 The Yard Theatre Trip	Drama / Linking Curriculum Learning to Careers	NA	CDI Framework: 10, 14 Benchmarks: 3, 4
October 2019	Year 10 Into University Session	Insight Day / Encounters with HE	IntoUniversity	CDI Framework: 7, 10, 14, 15, 17 Benchmarks: 3, 7, 8
November 2019	Year 10 Drama visit to Donmar Theatre	Drama / Linking Curriculum Learning to Careers	NA	CDI Framework: 10, 14 Benchmarks: 3, 4
November 2019	Year 10 Head to Head Practice Interviews	Encounters with Employers and Employees	Tower Hamlets Education Business Partnership	CDI Framework: 4, 10, 11, 14, 15 Benchmarks: 3, 4, 5
November 2019	Year 10 Suture for the Future Event (60 students)	Linking Curriculum Learning to Careers	UCL	CDI Framework: 4, 11, 10, 14, 15 Benchmarks: 4, 5, 7
December 2019	Careers Fair (3 rd December 2019)	Encounters with Employers and Employees	NA	CDI Framework: 4, 10, 11, 14, 15, 16, 17 Benchmarks: 2, 3, 4, 5, 7, 8

CEIAG By Year Group (2019 – 2020) Year 10 Activities Continued.....

Year 10 Careers Calendar Activities				
Month / Date	Activity/Event	Type of CEIAG or Work-Related Activity	Partnership	CDI Framework Gatsby Benchmarks
December 2019	Year 10 Evening of Success Grade 5+	Raising Student Aspirations / Addressing Students' Needs	NA	CDI Framework: 4, 5, 6, 7, 10, 14, 15, 17 Benchmarks: 2, 3, 5, 6
January 2020	Year 10 Raising Aspirations Day	Raising Student Aspirations / Addressing Students' Needs	Clifford Chance	CDI Framework: 4, 5, 6, 7, 10, 14, 15, 17 Benchmarks: 2, 3, 5, 6
January 2020	Year 10 Leadership Aspirational Conference	Raising Student Aspirations / Addressing Students' Needs	NA	CDI Framework: 4, 5, 6, 7, 10, 14, 15, 17 Benchmarks: 2, 3, 5, 6
February 2020	Year 10 Access Project Trip to Oxford University	University visit / Encounters with HE	The Access Project	CDI Framework: 7, 10, 14, 15, 17 Benchmarks: 3, 7, 8
February 2020	Year 10 Drama Barbican Box Theatre Making Project	Theatre Visit / Linking Curriculum Learning to Careers	The Barbican	CDI Framework: 10, 14 Benchmarks: 3, 4
February 2020	Year 10 Into University Session	Insight Day / Encounters with HE	IntoUniversity	CDI Framework: 7, 10, 14, 15, 17 Benchmarks: 3, 7, 8
March 2020	Careers Week (2 nd – 6 th March)	Career Talks / Encounters with Employers and Employees	NA	CDI Framework: 4, 10, 11, 14, 15, 16, 17 Benchmarks: 2, 3, 4, 5, 8
April / May 2020	The Access Project Workshop: One-to-One University Pathways	Addressing Students' Needs / Personal Guidance	The Access Project	CDI Framework: 7, 10, 14, 15, 17 Benchmarks: 3, 7, 8
June 2020	Year 10 GCSE Geography Physical Geography Fieldwork Loughton Essex	Geography Fieldwork / Linking Curriculum Learning to Careers	NA	CDI Framework: 10, 14 Benchmarks: 3, 4
July and August 2020	Year 10 KPMG Work Experience and Mentoring	Work Experience and Mentoring	KPMG	CDI Framework: 4, 5, 6, 7, 10, 14, 15, 17 Benchmarks: 2, 3, 5, 6

CEIAG By Year Group (2019 – 2020) Year 9 Activities

Year 9 Careers Calendar Activities				
Month / Date	Activity/Event	Type of CEIAG or Work-Related Activity	Partnership	CDI Framework Gatsby Benchmarks
September – December 2019	Year 9 Mosaic Mentoring Programme	Mentoring / Encounters with Employers and Employees	Mosaic	CDI Framework: 10, 11, 14, 15, 16, 17 Benchmarks: 2, 3, 5, 8
October 2019	Year 9 Into University Session	Insight Day / Encounters with HE	IntoUniversity	CDI Framework: 7, 10, 14, 15, 17 Benchmarks: 3, 7, 8
November 2019	Year 9 Employability and Careers Options Event	Career Options / Addressing Students' Needs	Tower Hamlets Education Business Partnership	CDI Framework: 6, 10, 14, 15 Benchmarks: 3, 4, 5
November 2019	KS3 Tower Hamlets Book Award Event (10 students)	Linking Curriculum Learning to Careers	Tower Hamlets Education Business Partnership	CDI Framework: 10, 14 Benchmarks: 3, 4, 5
December 2019	Year 9 Guided Choices Option Lessons	Options Lessons / Addressing Students' Needs	NA	CDI Framework: 1, 4, 10, 14 Benchmarks: 3, 4, 8
December 2019	Careers Fair (3 rd December 2019)	Encounters with Employers and Employees	NA	CDI Framework: 4, 10, 11, 14, 15, 16, 17 Benchmarks: 2, 3, 4, 5, 7, 8
January 2020	Year 9 Guided Choices Evening (240 students)	Options Evening / Addressing Students' Needs	Tower Hamlets Education Business Partnership	CDI Framework: 1, 4, 10, 14 Benchmarks: 3, 4, 8
March 2020	Year 9 Into University Session	Insight Day / Encounters with HE	IntoUniversity	CDI Framework: 7, 10, 14, 15, 17 Benchmarks: 3, 7, 8
March 2020	Careers Week (2 nd – 6 th March)	Career Talks / Encounters with Employers and Employees	NA	CDI Framework: 4, 10, 11, 14, 15, 16, 17 Benchmarks: 2, 3, 4, 5, 8
April 2020	Year 9 Into University Session	Insight Day / Encounters with HE	IntoUniversity	CDI Framework: 7, 10, 14, 15, 17 Benchmarks: 3, 7, 8

CEIAG By Year Group (2019 – 2020) Year 9 Activities Continued.....

Year 9 Careers Calendar Activities				
Month / Date	Activity/Event	Type of CEIAG or Work-Related Activity	Partnership	CDI Framework Gatsby Benchmarks
June 2020	Year 9 Into University Session	Insight Day / Encounters with HE	IntoUniversity	CDI Framework: 7, 10, 14, 15, 17 Benchmarks: 3, 7, 8
June 2020	Year 9 Livery Schools Event	Careers Fair / Encounters with Employers and Employees	Worshipful Company	CDI Framework: 4, 10, 11, 14, 15, 16, 17 Benchmarks: 2, 3, 4, 5, 8

CEIAG By Year Group (2019 – 2020) Year 8 Activities

Year 8 Careers Calendar Activities				
Month / Date	Activity/Event	Type of CEIAG or Work-Related Activity	Partnership	CDI Framework Gatsby Benchmarks
November 2019	Year 8 Into University Event	Encounters with HE	IntoUniversity	CDI Framework: 10, 14 Benchmarks: 3, 6, 7, 8
November 2019	KS3 Tower Hamlets Book Award (10 students)	Linking Curriculum Learning to Careers	Tower Hamlets Education Business Partnership	CDI Framework: 2, 10, 12, 14 Benchmarks: 4, 5
December 2019	Careers Fair (3 rd December 2019)	Encounters with Employers and Employees	NA	CDI Framework: 4, 10, 11, 14, 15, 16, 17 Benchmarks: 2, 3, 4, 5, 7, 8
January 2020	Year 8 Into University Event	Encounters with HE	IntoUniversity	CDI Framework: 10, 14 Benchmarks: 3, 6, 7, 8
March 2020	Careers Week (2 nd – 6 th March)	Career Talks / Encounters with Employers and Employees	NA	CDI Framework: 4, 10, 11, 14, 15, 16, 17 Benchmarks: 2, 3, 4, 5, 8
April 2020	Year 8 Parent's Evening	Parents Evening / Addressing Students' Needs	NA	CDI Framework: 10, 14, 15, 17 Benchmarks: 3, 8
May 2020	Year 8 Careers and Employability Event	Career Options / Addressing Students' Needs	Tower Hamlets Education Business Partnership	CDI Framework: 6, 10, 14, 15 Benchmarks: 3, 4, 5, 8

CEIAG By Year Group (2019 – 2020) Year 7 Activities

Year 7 Careers Calendar Activities				
Month / Date	Activity/Event	Type of CEIAG or Work-Related Activity	Partnership	CDI Framework Gatsby Benchmarks
September 2019 – July 2020	Year 7 Stepping Stones Once a Fortnight	Raising Student Aspirations / Addressing Students' Needs	Stepping Stones	CDI Framework: 1, 2, 10, 14, 15, 17 Benchmarks: 3, 4
December 2019	Year 7 Kidzmania Trip	Workplace Simulation / Linking Curriculum Learning to Careers	NA	CDI Framework: 4, 6, 9, 10, 14, 15, 17 Benchmarks: 3, 4, 5, 6
December 2019	Year 7 Into University Event	Encounters with HE	IntoUniversity	CDI Framework: 10, 14 Benchmarks: 3, 6, 8
December 2019	Careers Fair (3 rd December 2019)	Encounters with Employers and Employees	NA	CDI Framework: 4, 10, 11, 14, 15, 16, 17 Benchmarks: 2, 3, 4, 5, 8
January 2020	Year 7 Into University Event	Encounters with HE	IntoUniversity	CDI Framework: 10, 14 Benchmarks: 3, 6, 8
March 2020	Careers Week (2 nd – 6 th March)	Career Talks / Encounters with Employers and Employees	NA	CDI Framework: 4, 10, 11, 14, 15, 16, 17 Benchmarks: 2, 3, 4, 5, 8
May 2020	Year 7 Careers and Employability Event	Career Options / Addressing Students' Needs	Tower Hamlets Education Business Partnership	CDI Framework: 6, 10, 14, 15 Benchmarks: 3, 4, 5
July 2020	Year 7 Parent's Evening	Parents Evening / Addressing Students' Needs	NA	CDI Framework: 10, 14, 15, 17 Benchmarks: 3, 8
July 2020	Year 7 Kidzmania Trip	Workplace Simulation / Linking Curriculum Learning to Careers	NA	CDI Framework: 4, 6, 9, 10, 14, 15, 17 Benchmarks: 3, 4, 5, 6