

Central Foundation Girls' School Extra- Curricular Timetable 2019-20



Before School



Lunchtime



After School

| Day | Time | Faculty | Activity | Staff Contact | Location | Year | Places | Price |
|--------|---------------|------------------|---------------------------|---------------|---------------------|------------|--------|------------|
| Monday | 8-8:30am | Central + | Breakfast Club | Mr. Walsh | Dining Hall | Year 7-11 | 100 | FREE |
| | 8-8:30am | Central + | Breakfast Club | Mr. Walsh | Aspire Café | Year 12-13 | 100 | FREE |
| | 8-8:30am | Library | Study Support | Ms. Terrell | Library | Year 7-11 | 70 | FREE |
| | 12:40-1:30pm | Media | Media Club | Mr. Williams | A104 | Year 7-13 | 12 | FREE |
| | 12:40-1:30pm | Media | KS5 Film Club | Mr. Williams | A104 | Year 12-13 | 20-25 | FREE |
| | 12:40-1:30pm | Music | Choir | Ms. Martin | Music Dept | Year 7-11 | 25 | FREE |
| | 12:40-1:30pm | DT | DT Lunch Club | Mr. King | T15 | Year 7-11 | 25 | FREE |
| | 12:40-1:30pm | Computing | Computing Club | Ms. Kaur | E313 & E218 | Year 7-11 | 60 | FREE |
| | 12:40-1:30pm | Central + | Film Club | Mrs. Thornton | DST | Year 7-11 | 200 | FREE |
| | 12:40-1:30pm | PE | Volleyball | Ms. Toth | Sports Hall | Year 7-13 | 50 | FREE |
| | 12:40-1:30pm | A+I | Homework Club | Ms. Lowrie | T16 | Year 7-11 | 25 | FREE |
| | 12:40-1:30pm | Library | Student Librarians | Ms. Terrell | Library | Year 7-11 | 70 | FREE |
| | 3.10 – 4.10 | Computing | Robotics Club | Ms Kaur | E313 | Year 8 - 9 | 20 | FREE |
| | 3:30pm-4:30pm | Art | KS4 Drop in | Ms. Aiken | E115 | Year 10-11 | 25 | FREE |
| | 3:30pm-4:30pm | KS4 Learning Hub | Revision/homework/tuition | Miss Begum | S8 | Year 10-11 | 30 | FREE |
| | 3:10-5pm | Library | Study Support | Ms. Terrell | Library | Year 7-11 | 70 | FREE |
| | 3:10-5:30pm | Library | Student Support | Ms. Tate | Aspire Library | Year 12-13 | 45 | FREE |
| | 3:10-4:30pm | Learning Lounge | Study Skills / Tuition | Mr. Martin | Dining Hall | Year 7-9 | 60 | FREE |
| | 3:10-4:30pm | Central + | Debate Mate | Mr. Ghafoor | Faraday Suite | Year 7-13 | 30 | FREE |
| | 3:30-4:30pm | Central + | Fitness | Mr. Walsh | Fitness Suite | Year 7-11 | 20 | FREE |
| | 3:30-4:30pm | Central + | D of E | Mr. Walsh | DST | Year 9-13 | 100 | £10/Year |
| | 3:30-5:30pm | Central + | Baking & Sugarcraft | Mr. Walsh | Aspire Cooking Room | Year 7-8 | 15 | £1/session |
| | 3:30-6pm | PE | Volleyball | Ms. Toth | Sports Hall | Year 8-13 | 30 | FREE |

| Day | Time | Faculty | Activity | Staff Contact | Location | Year | Places | Price |
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| Tuesday | 8-8:30am | Central + | Breakfast Club | Mr. Walsh | Dining Hall | Year 7-11 | 100 | FREE |
| | 8-8:30am | Central + | Breakfast Club | Mr. Walsh | Aspire Café | Year 12-13 | 100 | FREE |
| | 8-8:30am | Library | Study Support | Ms. Terrell | Library | Year 7-11 | 70 | FREE |
| | 7:30-8:30am | PE | GCSE Volleyball | Ms. Toth | Sports Hall | Year 10-11 | 30 | FREE |
| | 12:40-1:30pm | Music | Keyboard Club | Ms. Martin | Music Dept | Year 7-11 | 25 | FREE |
| | 12:40-1:30pm | Music | Soul Band | Ms. Martin | Music Dept | Year 7-11 | 25 | FREE |
| | 12:40-1:30pm | DT | DT Lunch Club | Mr. King | T15 | Year 7-11 | 25 | FREE |
| | 12:40-1:30pm | Computing | Computing Club | Ms. Kaur | E313 & E218 | Year 7-11 | 60 | FREE |
| | 12:40-1:30pm | Central + | Film Club | Mrs. Thornton | DST | Year 7-11 | 200 | FREE |
| | 12:40-1:30pm | Central + | Boxing Club | Mrs. Thornton | DST | Year 7-11 | 30 | FREE |
| | 12:40-1:30pm | Drama | Year 7 Drama Club | Ms. Ball | D1 | Year 7 | 30 | FREE |
| | 12:40-1:30pm | PE | Handball | Ms. McLaughlin | Sports Hall | Year 7-13 | 50 | FREE |
| | 12:40-1:30pm | A+I | Homework Club | Ms. Lowrie | T16 | Year 7-11 | 25 | FREE |
| | 12:40-1:30pm | SS and Geography | Model UN | Ms. Houghton | G39 | Y10-13 | 13 | FREE |
| | 12:40-1:30pm | Science | STEAM Club | Ms. Tarin | E110 | Year 7-9 | 20 | FREE |
| | 12:40-1:30pm | Library | Student Librarians | Ms. Terrell | Library | Year 7-11 | 70 | FREE |
| | 3:30pm-4:30pm | KS4 Learning Hub | Revision/homework/tuition | Miss Begum | S8 | Year 10-11 | 30 | FREE |
| | 3:10-5pm | Library | Study Support | Ms. Terrell | Library | Year 7-11 | 70 | FREE |
| | 3:10-5:30pm | Library | Student Support | Ms. Tate | Aspire Library | Year 12-13 | 45 | FREE |
| | 3:10-4:30pm | Learning Lounge | Study Skills / Tuition | Mr. Martin | Dining Hall | Year 7-9 | 60 | FREE |
| | 3:30-4:30pm | Central + | Fitness | Mr. Walsh | Fitness Suite | Year 7-11 | 20 | FREE |
| | 3.30-5pm | Dance | Technique class | Mrs Harrigan | Dance Studio | Year 10-11 | 11 | FREE |
| | 3:30-5pm | PE | Volleyball | Ms. Toth | Sports Hall | Year 7 | 30 | FREE |
| | 3:30-6pm | Central + | Ice Skating - Lee Valley | Mr. Walsh | Student Reception | Year 7-13 | 15 | £3/session |

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| Wednesday | 8-8:30am | Central + | Breakfast Club | Mr. Walsh | Dining Hall | Year 7-11 | 100 | FREE |
| | 8-8:30am | Central + | Breakfast Club | Mr. Walsh | Aspire Café | Year 12-13 | 100 | FREE |
| | 8-8:30am | Library | Study Support | Ms. Terrell | Library | Year 7-11 | 70 | FREE |
| | 12:40-1:30pm | DT | DT Lunch Club | Mr. King | T15 | Year 7-11 | 25 | FREE |
| | 12.40-1.20pm | Dance | Homework support | Mrs. Harrigan | Dance Studio | Year 10-11 | 11 | FREE |
| | 12:40-1:30pm | Music | KS4 Intervention Y11 | Ms. Martin | Music Dept | Year 11 | 25 | FREE |
| | 12:40 – 1:30 | Maths | Origami Club | Maths office | S19 | Year 7-8 | 5 | FREE |
| | 12:40-1:30pm | Music | KS3 Band | Ms. Martin | Music Dept | Year 7-9 | 25 | FREE |
| | 12:40-1:30pm | Computing | Computing Club | Ms. Kaur | E313 & E218 | Year 7-11 | 60 | FREE |
| | 12:40-1:30pm | A+I | Homework Club | Ms. Lowrie | T16 | Year 7-11 | 25 | FREE |
| | 12:40-1:30pm | Central + | Film Club | Mrs. Thornton | DST | Year 7-11 | 200 | FREE |
| | 12:40-1:30pm | PE | Athletics | Ms. McLaughlin | Sports Hall | Year 7-13 | 50 | FREE |
| | 12:40-1:30pm | Library | Student Librarians | Ms. Terrell | Library | Year 7-11 | 70 | FREE |
| | 3.10 – 4.10 | Computing | App Development | Ms Khatun | E218 | Year 8 - 9 | 20 | FREE |
| | 3.10 – 4.10 | Computing | Raspberry Pi development | Ms Kaur | E313 | Year 12 | 10 | FREE |
| | 3:30pm-4:30pm | KS4 Learning Hub | Revision/homework/tuition | Miss Begum | S8 | Year 10-11 | 30 | FREE |
| | 3:10-5pm | Library | Study Support | Ms. Terrell | Library | Year 7-11 | 70 | FREE |
| | 3:10-5:30pm | Library | Student Support | Ms. Tate | Aspire Library | Year 12-13 | 45 | FREE |
| | 3:10-4:30pm | Learning Lounge | Study Skills / Tuition | Mr. Martin | Dining Hall | Year 7-9 | 60 | FREE |
| | 3.30-5.30pm | Drama | School Productions | Ms Harrison | D2 /DST | Year 7-11 | 30 | FREE |
| | 3:30-4:30pm | Central + | Fitness | Mr. Walsh | Fitness Suite | Year 7-11 | 20 | FREE |
| | 3:30-5:30pm | Central + | Baking & Sugarcraft | Mr. Walsh | Aspire Cooking Room | Year 9-11 | 15 | £1/session |
| | 3:30-6pm | PE | Volleyball | Ms. Toth | Sports Hall | Year 8-13 | 30 | FREE |
| | 3:15-4:45pm | Central + | Bengali Club | Ms. Shamsad | F10/ F4 | Year 7-8 | 15 | FREE |

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| Thursday | 8-8:30am | Central + | Breakfast Club | Mr. Walsh | Dining Hall | Year 7-11 | 100 | FREE |
| | 8-8:30am | Central + | Breakfast Club | Mr. Walsh | Aspire Café | Year 12-13 | 100 | FREE |
| | 8-8:30am | Library | Study Support | Ms. Terrell | Library | Year 7-11 | 70 | FREE |
| | 7:30-8:30am | PE | Volleyball | Ms. Toth | Sports Hall | Year 8-9 | 30 | FREE |
| | 12:40-1:30pm | Music | KS4 Intervention Y10 | Ms. Martin | Music Dept | Year 10 | 25 | FREE |
| | 12:40-1:30pm | Music | Ukulele Ensemble | Ms. Martin | Music Dept | Year 7-11 | 25 | FREE |
| | 12:40-1:30pm | Music | Strings Ensemble | Ms. Martin | Music Dept | Year 7-11 | 25 | FREE |
| | 12:40-1:30pm | A+I | Homework Club | Ms. Lowrie | T16 | Year 7-11 | 25 | FREE |
| | 12:40-1:30pm | Computing | Computing Club | Ms. Kaur | E313 & E218 | Year 7-11 | 60 | FREE |
| | 12:40-1:30pm | Central + | Film Club | Mrs. Thornton | DST | Year 7-11 | 200 | FREE |
| | 12:40-1:30pm | Drama | KS3 Drama Club | Ms. Harrison | D2 | Year 8-9 | 30 | FREE |
| | 12:40-1:30pm | PE | Volleyball | Ms. Toth | Sports Hall | Year 7-9 | 50 | FREE |
| | 12:40-1:30pm | Library | Student Librarians | Ms. Terrell | Library | Year 7-11 | 70 | FREE |
| | 12:40-1:30pm | Art | Art Club | Ms. Aiken | E115 | Year 7-8 | 25 | FREE |
| | 3:30pm-4:30pm | KS4 Learning Hub | Revision/homework/tuition | Miss Begum | S8 | Year 10-11 | 30 | FREE |
| | 3:10-5pm | Library | Study Support | Ms. Terrell | Library | Year 7-11 | 70 | FREE |
| | 3:10-5:30pm | Library | Student Support | Ms. Tate | Aspire Library | Year 12-13 | 45 | FREE |
| | 3:10-4:30pm | Learning Lounge | Study Skills / Tuition | Mr. Martin | Dining Hall | Year 7-9 | 60 | FREE |
| | 3.30-5.30pm | Drama | School Productions | Ms Harrison | D2 /DST | Year 7-11 | 30 | FREE |
| | 3:30-4:30pm | PE | Football | Ms. McLaughlin | Outdoor Pitch | Year 7-13 | 30 | FREE |
| | 3:30-4:30pm | PE | Netball | Ms. McLaughlin | Sports Hall | Year 7-13 | 50 | FREE |
| | 4:30-6pm | PE | Volleyball | Ms. Toth | Sports Hall | Year 10-11 | 30 | FREE |
| | 3:30-6pm | Central + | Horse Riding - Lee Valley | Mr. Walsh | Student Reception | Year 7-13 | 15 | £3/session |
| 3:15-4:45pm | Central + | Bengali Club | Ms. Shamsad | F10 / F4 | Year 9-11 | 15 | FREE | |

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| Friday | 8-8:30am | Central + | Breakfast Club | Mr. Walsh | Dining Hall | Year 7-11 | 100 | FREE |
| | 8-8:30am | Central + | Breakfast Club | Mr. Walsh | Aspire Café | Year 12-13 | 100 | FREE |
| | 8-8:30am | Library | Study Support | Ms. Terrell | Library | Year 7-11 | 70 | FREE |
| | 12:40-1:30pm | Music | G+T Band Club | Ms. Martin | Music Dept | Year 9 | 25 | FREE |
| | 12:40-1:30pm | Music | Rhythm Hits – Drum Club | Ms. Martin | Music Dept | Year 7-11 | 25 | FREE |
| | 12:40-1:30pm | DT | DT Lunch Club | Mr. King | T15 | Year 7-11 | 25 | FREE |
| | 12:40-1:30pm | Computing | Computing Club | Ms. Kaur | E313 & E218 | Year 7-11 | 60 | FREE |
| | 12:40-1:30pm | A+I | Homework Club | Ms. Lowrie | T16 | Year 7-11 | 25 | FREE |
| | 12:40-1:30pm | Central + | Film Club | Mrs. Thornton | DST | Year 7-11 | 200 | FREE |
| | 12:40-1:30pm | Central + | ELT Art Club | Mrs. Thornton | Shelter | Year 7-11 | 30 | FREE |
| | 12.40-1.20pm | Dance | Homework support | Mrs Harrigan | Dance Studio | Year 10-11 | 11 | FREE |
| | 12:40-1:30pm | PE | Cricket | Ms. McLaughlin | Sports Hall | Year 7-13 | 50 | FREE |
| | 12:40-1:30pm | Library | Student Librarians | Ms. Terrell | Library | Year 7-11 | 70 | FREE |
| | 3:10-5pm | Library | Study Support | Ms. Terrell | Library | Year 7-11 | 70 | FREE |
| | 3:10-5:30pm | Library | Student Support | Ms. Tate | Aspire Library | Year 12-13 | 45 | FREE |
| | 3:30-5pm | PE | Volleyball | Ms. Toth | Sports Hall | Year 7-13 | 30 | FREE |
| | 3:30-5pm | Dance | Dance | Mr. Walsh | Dance Studio | Year 11 | 15 | FREE |